

MCT Oil 100% is a liquid containing a mixture of medium chain triglycerides (MCT).



Product Features

- Keto booster
- 100% MCT in the total fat content (C8 & C10)
- **Tasteless and odourless**

Definition and Indication

Food for special medical purposes.

For the dietary management of fat disorders of fat metabolism (fat maldigestion and malabsorption), oxidation disorders of long-chain fatty acids as well as in the context of the ketogenic diet* in pharmacoresistant epilepsies and rare defects of cerebral energy metabolism, such as the glucose transporter 1 defect (GLUT1 defect) and pyruvate dehydrogenase deficiency (PDH deficiency) and in all other cases that require an additional intake of MCT fats.

*Ketogenic diets are very high-fat, low-carbohydrate diets, that mimic the metabolic state of fasting.

Ingredients

Vegetable oil 100% (medium-chain triglycerides from palm and coconut fat in varying proportions).

Important notice

Use under medical supervision. Suitable for infants, children, and adults. Not suitable as a sole source of nutrition. Not to be used by individuals who do not have the specific disease. Not for parenteral use. The oil is not a source of essential fatty acids and fat-soluble vitamins.

Contraindications

MCT Oil 100% should not be used if ketoacidosis/acidosis, decompensated liver cirrhosis, chronic kidney disease is suspected or in people with medium chain acyl-Coa dehydrogenase deficiency (MCAD).

Dosage

To be determined by the clinician or dietitian and is dependent on the age, body weight and medical condition of the patient. MCT Oil 100% should be introduced slowly into the diet as rapid absorption of large intakes may cause vomiting or diarrhoea.

Preparation

Use as an energy enrichment of meals. Not suitable for cooking.

Storage

Unopened: store in a cool, dry place and under 20 °C.
Once opened consume within 2 month.

Nutrition declaration	per 100 ml
Energy	3367 kJ 819 kcal
Fat of which saturates of which MCT of which mono-unsaturates of which polyunsaturates of which linoleic acid (Omega 6) of which α-linolenic acid (Omega 3)	91,0 g 91,0 g 91,0 g 0 g 0 g 0 g 0 g
Cholesterol	0 mg
Carbohydrate of which sugars	0 g 0 g
Fibre	0 g
Protein	0 g
Salt of which sodium	0 g 0 mg

	Unit	Gross weight (kg)	Dimensions in cm (W / D / H)
Sales unit	1 x 500 ml	0,548	7,4 x 7,4 x 16,1
Box	6 pieces / box	3,488	23,5 x 15,6 x 17,5

Order information

Item number: 6050020000 PZN (DE): 14255146 Shelf life



24 months