

# kanso MCT Margarine 83 % (250 g)

## Definition and Indication: FOOD FOR SPECIAL MEDICAL PURPOSES.

For the dietary management of fat maldigestion and fat malabsorption, oxidation disorders of long chain fatty acids and disorders or other conditions requiring a ketogenic diet and in all other cases that require an additional source of MCT fats. MCT Margarine 83 % contains a mixture of medium chain triglycerides (MCT), long chain triglycerides (LCT) and vitamins.

## Ingredients:

Medium chain triglycerides (from palm and coconut fat), water, safflower oil, linseed oil, emulsifiers: mono- and diglycerides of edible fatty acids, sunflower lecithin; vitamin E, natural flavouring, acidity regulator: L(+)-lactic acid; vitamin A, colour: beta carotene; folic acid, vitamin D, vitamin B12.

## Important notice:

Must only be used under medical supervision. Suitable for infants, children and adults. Not for parenteral use. Not to be used by individuals who do not have the specified disease. Not suitable as a sole source of nutrition.

## Dosage:

To be determined by the clinician or dietitian and is dependent on the age, body weight and medical condition of the patient. MCT Margarine 83 % should be introduced slowly into the diet as rapid absorption of large intakes may cause vomiting or diarrhoea.

## Contraindications:

MCT Margarine 83 % should not be used if keto acidosis/acidosis, decompensated liver cirrhosis, chronic kidney disease is suspected or in people with medium chain acyl-CoA dehydrogenase deficiency (MCADD).

## Preparation:

May be used as a substitute for traditional spreadable fats. Suitable for cooking and baking at up to 180°C for a maximum of 40 minutes.

## Storage:

- Unopened: Store in fridge.
- Opened: Once opened store in fridge and use within 1 month.



Nutrition declaration		per 100 g
Energy		2960 kJ 720 kcal
Fat		80 g
of which saturates		67 g
of which mono-unsaturates		3 g
of which poly-unsaturates		10 g
of which MCT		66 g
of which linoleic acid (Omega 6)		7.4 g
of which α-linolenic acid (Omega 3)		3.6 g
Carbohydrate		0 g
of which sugars		0 g
Fibre		0 g
Protein		0 g
Cholesterol		< 2.0 mg
Salt		0.10 g
of which sodium		40 mg 1.7 mmol
Vitamins		
Vitamin A (RE)		800 µg
Vitamin D		2.5 µg
Vitamin E (α-tocopherol)		22 mg
Folate B9 (DFE)		30 µg
Vitamin B12		1 µg

Item code: 6051000001

Unit EAN



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Shelf life (months)

Description

Units

Gross Weight (kg)

Measures in cm (W x L x H)

6

Unit	1 x 250g	0.295	9.7 x 14.1 x 4.6
Box	12 Units/Box	3.73	19.2 x 29.3 x 14.1
Pallet	16 Boxes/Layer 8 Layers 128 Boxes	502.4	80 x 120 x 127.2 (with pallet)